

## DIRECTIONS FOR PATIENTS HAVING OUTPATIENT EXAMINATIONS AT CARNEGIE HILL ENDOSCOPY

Thank you for making an appointment. Your endoscopic procedure will be performed on an ambulatory basis at Carnegie Hill Endoscopy. Your personal physician will provide specific preparation instructions for your examination.

## Please Read The Following Information. It Is Very Important.

- You can expect a call from a Carnegie Hill Endoscopy nurse the day prior to your exam to review your medical history and confirm the appointment.
- Carnegie Hill Endoscopy is located at 1516 Lexington Avenue, between 97<sup>th</sup>-98<sup>th</sup> Streets. Our phone number is 212-860-6300.
- There is a drop off area in front of the front door.
- It is very important that you arrive in time for your appointment or the procedure may be cancelled. Try to arrive for registration at least 45 minutes prior to your scheduled examination.
- The Center requires that a companion collect you when the exam is finished.
- If you are a woman of childbearing age, you will be asked for a urine sample prior to the exam to assure the Center that you are not pregnant.
- Parking is available in the building's parking lot, located on 98th Street between Park and Lexington Avenues. You will have to pay for parking. The garage charges \$8.00 for 1 hour, \$10.00 for 2 hours, or \$12.00 for 3 hours. You must pay be credit card for this rate and have your ticket stamped by Carnegie Hill before you leave. Please inform the attendant that you are coming for an outpatient procedure.
- Prior to the exam, you must register in the registration area. From there you will be escorted to the endoscopy area.
- There is a waiting room for your family or companion.
- After the procedure, you will be monitored by the nursing staff and discharged the same day. You will receive medication prior to the procedure and will not be able to safely drive a car yourself.
- Most procedures performed in an "ambulatory surgery setting" require precertification from your insurance company if you have private insurance (not Medicare patients). Please call your insurance company and see if precertification is needed for your policy.
- Our website, <u>www.carnegiehillendo.com</u> has all the forms for consent, privacy, and financial responsibility available should you want to review them ahead of time.
- If you have any questions, please feel free to contact us @ 212-860-6300

Directions and Hotel information are contained on the back of this form.



If you are coming from out of town and want to spend the night before or after the procedure in Manhattan, there are several small hotels near the center.

- The Hotel Wales is located at 1295 Madison Avenue (at 92nd Street). Their phone is 212-876-6000.
- The Franklin Hotel is located at 164 East 87<sup>th</sup> Street (between Lexington and Third Avenues). Their phone is 212-369-1000.
- The Marriott Courtyard is located at 410 East 92<sup>nd</sup> Street (between First and Second Avenues). Their phone number is 212-410-6777.

## Directions

- By Bus The M10, M102 or M103 buses run north on Third Avenue and south on Lexington. If north bound, get off at 98<sup>th</sup> Street and walk to Lexington from Third. If south bound, get off at 98<sup>th</sup> Street in front of the center. For more bus information go to www.mta.info/nyct/service/bus
- By Subway Take the 6 Train to 96<sup>th</sup> Street. The center is located on the northwest corner of 97<sup>th</sup> Street. For more train information go to www.mta.info/nyct/maps/submap
- If you are driving:
  - From New Jersey: George Washington Bridge to Harlem River Drive (East River Drive, same road) South to 96th Street exit. Right on 96th Street (West) and drive 5 blocks to Park Avenue. Turn right on Park Ave. to 98<sup>th</sup> Street. Turn right on 98<sup>th</sup> St and then turn right onto Lexington Avenue, between 98<sup>th</sup> and 97<sup>th</sup> Streets. You will have passed the parking garage on 98<sup>th</sup> Street.
  - From Long Island: Triborough Bridge to Manhattan. Harlem River Drive (East River Drive, same road) South to 96th Street exit. Right on 96th Street (West) and drive 5 blocks to Park Avenue. Turn right on Park Ave. to 98<sup>th</sup> Street. Turn right on 98<sup>th</sup> St and then turn right onto Lexington Avenue, between 98<sup>th</sup> and 97<sup>th</sup> Streets. You will have passed the parking garage on 98<sup>th</sup> Street.
  - From Westchester/Connecticut: Major Degan towards the Triborough Bridge. Take the Manhattan Bridge to the FDR Drive South. Exit at 96<sup>th</sup> Street. Right on 96th Street (West) and drive 5 blocks to Park Avenue. Turn right on Park Ave. to 98<sup>th</sup> Street. Turn right on 98<sup>th</sup> St and then turn right onto Lexington Avenue, between 98<sup>th</sup> and 97<sup>th</sup> Streets. You will have passed the parking garage on 98<sup>th</sup> Street.

